

STAFF TRAININGS AND PARENT WORKSHOPS ON CHILD EXPOSURE TO VIOLENCE

SAN FRANCISCO SAFESTART INITIATIVE

ABOUT THE SAFESTART INITIATIVE

Recent research shows that young children who witness violence are vulnerable to many issues including developmental delay, aggression, behavioral disorders, depression, anxiety, low self-esteem and self-confidence, inability to react appropriately to stress, and later tendency towards violence as adolescents.

SafeStart aims to break this cycle of violence by reducing the incidence and impact of violence on San Francisco's children age zero to six. SafeStart delivers services, develops policies, and works to improve the systems which respond to families with young children exposed to violence. SafeStart delivers training to staff who serves San Francisco's families and reaches out to families with violence.

PARENT WORKSHOPS

Our workshops are customized to the specific audience's needs. We present in English, Spanish, and Mandarin. The workshop focuses on:

- How children are exposed to violence.
- How that exposure affects them.
- How parents and caretakers can help children impacted by violence.
- Which resources are available in the community.

STAFF TRAININGS

Staff trainings are a more in-depth look at child exposure to violence. The presentation includes:

- Information on early child development and brain development.
- Symptoms of childhood exposure to violence.
- Ways to help children and parents of children who have been exposed to violence.
- Community referrals and resources.

The SafeStart training curriculum is developed in consultation with national experts. All training and outreach opportunities are planned in partnership with you and are customized to your audience. Each of the opportunities can be delivered together with a SafeStart Lead Staff, a SafeStart Family Advocate, or whoever can best relate to your audience. We can deliver at your site or ours and with bilingual/bicultural staff in English, Spanish, and Mandarin.

*If you are interested in scheduling a training or workshop, contact
Elisabeth Callahan, SafeStart Coordinator at (415) 668-0494 or elisabeth.callahan@sfcapc.org*

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