

FREE PARENT WORKSHOP WITH SAN FRANCISCO SAFESTART

“THERE IS TOO MUCH VIOLENCE IN OUR WORLD”

This statement is sad but true. We work to end the cycle of violence by talking with parents and caretakers about how young children can be affected by the violence they witness, and how we can help children overcome these effects. You can bring specific concerns about your children and scary things they might have seen, or you can come just to learn about ways to support friends, neighbors, or others who have been dealing with fighting in their families or neighborhoods.



- Learn about types of violence including domestic violence and community violence.
- Learn about research regarding exposure to violence including symptoms that may be affecting a child.
- Learn about what makes children resilient to the effects of exposure to violence.
- Learn about community resources that are available.

If you are interested in scheduling a workshop, contact Elisabeth Callahan, SafeStart Coordinator at (415) 668-0494 or elisabeth.callahan@sfcapc.org

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